

COMMIT TO BE FIT

RANGE
FITNESS
EST. 1982



www.tempofitpro.com


Tempo®



TF-23-2401

OUTER MATERIAL
AR (Abrasion Resistance)

INNER MATERIAL
Foam, Cork & Rubber Crush

AVAILABLE SIZES / WEIGHTS

Sizes: 8" / 10" / 14"
Weights: 2kg to 22kg



TF-23-2404

OUTER MATERIAL
100% PU Cloudy Grippy

INNER MATERIAL
Foam, Cork & Rubber Crush

AVAILABLE SIZES / WEIGHTS

Sizes: 8" / 10" / 14"
Weights: 2kg to 22kg



TF-23-2402

OUTER MATERIAL
100% PU Leather Look Grippy

INNER MATERIAL
Foam, Cork & Rubber Crush

AVAILABLE SIZES / WEIGHTS

Sizes: 8" / 10" / 14"
Weights: 2kg to 22kg



TF-23-2405

OUTER MATERIAL
PVC Phthalate Free Grippy

INNER MATERIAL
Foam, Cork & Rubber Crush

AVAILABLE SIZES / WEIGHTS

Sizes: 8" / 10" / 14"
Weights: 2kg to 22kg



TF-23-2403

OUTER MATERIAL
100% PU Honeycomb Grippy

INNER MATERIAL
Foam, Cork & Rubber Crush

AVAILABLE SIZES / WEIGHTS

Sizes: 8" / 10" / 14"
Weights: 2kg to 22kg



TF-23-2406

OUTER MATERIAL
1000D Nylon Cordura (Military Specs)

AVAILABLE WEIGHTS
Weights: 5kg to 10kg





TF-23-2407

OUTER MATERIAL

AR (Abrasion Resistance)

INNER MATERIAL

Rebound Foam, Polyester Bag & Sand

AVAILABLE WEIGHTS

5kg to 30kg



TF-23-2408

OUTER MATERIAL

100% PU Camouflage

INNER MATERIAL

Rebound Foam, Polyester Bag & Sand

AVAILABLE WEIGHTS

5kg to 30kg



TF-23-2409

OUTER MATERIAL

100% PU Matt Finish

INNER MATERIAL

Rebound Foam, Polyester Bag & Sand

AVAILABLE WEIGHTS

5kg to 30kg



TF-23-2410

OUTER MATERIAL

1000D Nylon Cordura (Military Specs)

INNER MATERIAL

Polyester Bag & Sand

AVAILABLE WEIGHTS

5kg to 25kg



TF-23-2411

OUTER MATERIAL

1000D Nylon Cordura (Military Specs)

INNER MATERIAL

4 Filler Nylon Bags

AVAILABLE WEIGHTS

35kg to 110kg



TF-23-2412

OUTER MATERIAL

1000D Nylon Cordura (Military Specs)

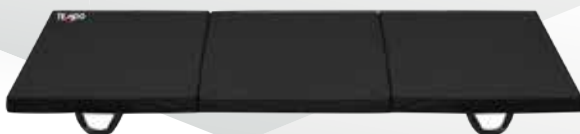
INNER MATERIAL

1 Filler Nylon Bags

AVAILABLE WEIGHTS

45kg to 130kg





• TF-23-2413

• **OUTER MATERIAL**
100% PU Force

• **INNER MOLD**
Rebound Foam



• TF-23-2414

• **OUTER MATERIAL**
100% PU Force

• **INNER MOLD**
Rebound Foam



• TF-23-2415

• **OUTER MATERIAL**
100% PU Canpak Texture
Leather

• **INNER MOLD**
Polyester Bag & Sand



• TF-23-2416

• **OUTER MATERIAL**
PVC Vinyl

• **INNER MOLD**
Polyester Bag & Sand



• TF-23-2417

• **OUTER MATERIAL**
1000D Nylon Cordura
(Military Specs) with
PU Honeycomb
Handles



• TF-23-2419

• **OUTER MATERIAL**
PVC Vinyl

• **INNER MOLD**
Rebound Foam



• TF-23-2418

• **OUTER MATERIAL**
100% Polyester with
Heat shrink Handles





TF-23-2420

OUTER MATERIAL
PVC Vinyl

INNER MOLD
Hybrid Foam



TF-23-2422

OUTER MATERIAL
100% PU Cloudy
(Anti Slip)

INNER MOLD
Rebound Foam
(Heavy Weight)



TF-23-2423

OUTER MATERIAL
Vinyl / Natural Rubber
(Anti Slip)

INNER MOLD
Hybrid Foam
(Heavy Weight)



TF-23-2421

OUTER MATERIAL
PVC Vinyl

INNER MOLD
PE Foam

AVAILABLE SIZES
Small: 60X45cm
Large: 100x45cm



TF-23-2424

OUTER MATERIAL
PVC Vinyl
(without Anti Slip)

INNER MOLD
Hybrid Foam
(Light Weight)





• TF-23-2425

• **OUTER MATERIAL**
1000D Nylon Cordura
(Military Specs)

• **INNER**
PU Coated Metal Bricks

• **AVAILABLE WEIGHTS**
9kg & 18kg



• TF-23-2426

• **OUTER MATERIAL**
Textured Neoprene

• **INNER MATERIAL**
Steel Tablets & Sand

• **AVAILABLE WEIGHTS**
5kg, 10kg & 15kg



• TF-23-2427

• **OUTER MATERIAL**
1000D Nylon Cordura
(Military Specs)

• **INNER MATERIAL**
Steel Tablets & Sand

• **AVAILABLE WEIGHTS**
5kg & 10kg



• TF-23-2428

• **OUTER MATERIAL**
1000D Nylon Cordura
(Military Specs)



• TF-23-2429

• **OUTER MATERIAL**
1000D Nylon Cordura
(Military Specs)



• TF-23-2430

• **OUTER MATERIAL**
600D Nylon Cordura
with Pocket





TF-23-2431

OUTER MATERIAL
Textured Neoprene

INNER MATERIAL
Sand

AVAILABLE WEIGHTS
2kg To 15kg



TF-23-2434

OUTER MATERIAL
Nylon webbing with Printed Numbers & Wooden Rings



TF-23-2432

OUTER MATERIAL
Textured Neoprene with Foam Handle

INNER MATERIAL
Sand

AVAILABLE WEIGHTS
2kg To 15kg



TF-23-2435

OUTER MATERIAL
600D Nylon Cordura

INNER MOLD
PU Foam



TF-23-2433

OUTER MATERIAL
600D Nylon Cordura with PU Honeycomb Handles

INNER MOLD
Sand



TF-23-2436

OUTER MATERIAL
Nylon webbing, Rubber Handles





• TF-23-2442

• **OUTER MATERIAL**
Natural Leather
with Metal Buckle

• **AVAILABLE SIZES**
S, M, L & XL



• TF-23-2443

• **OUTER MATERIAL**
100% PU Leather Look
with Metal Buckle

• **AVAILABLE SIZES**
S, M, L & XL



• TF-23-2444

• **OUTER MATERIAL**
Natural Leather with
Metal Buckle

• **AVAILABLE SIZES**
S, M, L & XL



• TF-23-2445

• **OUTER MATERIAL**
Neoprene with Webbing
Strap

• **AVAILABLE SIZES**
S, M, L & XL



• TF-23-2446

• **OUTER MATERIAL**
100% PU Matt Finish
with Metal Buckle

• **AVAILABLE SIZES**
S, M, L & XL



• TF-23-2447

• **OUTER MATERIAL**
100% PU Camouflage
Metal Buckle

• **AVAILABLE SIZES**
S, M, L & XL



• TF-23-2448

• **OUTER MATERIAL**
Natural Leather
With Steel Chain

• **SIZE: STANDARD**



• TF-23-2449

• **OUTER MATERIAL**
Neoprene With Steel
Chain

• **SIZE: STANDARD**



TF-23-2450

• **OUTER MATERIAL**
600D Nylon Cordura

• **INNER**
Sand & Steel Tablets

• **AVAILABLE WEIGHTS**
1kg to 6kg



TF-23-2451

• **OUTER MATERIAL**
Textured Neoprene

• **INNER**
Sand & Steel Tablets

• **AVAILABLE WEIGHTS**
1kg to 6kg



TF-23-2452

• **OUTER MATERIAL**
Steel Plates with Webbing Straps



TF-23-2453

• **OUTER MATERIAL**
600D Nylon Cordura with Nylon Webbing



TF-23-2454

• **OUTER MATERIAL**
Top Natural Rubber

• **BACK MATERIAL**
Carpet (for Wooden Surface)



TF-23-2455

• **OUTER MATERIAL**
Top 100% PU Cloudy

• **BACK MATERIAL**
Carpet (for Wooden Surface)



TF-23-2456

• **OUTER MATERIAL**
100% PU Honeycomb

• **BACK MATERIAL**
Plastic Plates
(for Carpet Surface)



TF-23-2457

• **OUTER MATERIAL**
100% PU Cloudy

• **BACK MATERIAL**
Cotton Fleece



• **TF-23-2458**
(KNEE SLEEVE)

• **OUTER MATERIAL**
Textured Neoprene

• **SIZES**
S, M & L



• **TF-23-2459**
(ELBOW SLEEVE)

• **OUTER MATERIAL**
Textured Neoprene

• **SIZES**
S, M & L



• **TF-23-2460**
(LIFTING STRAPS)



• **TF-23-2461**
(CROSSFIT GRIPS)



• **TF-23-2462**
(WRIST WRAPS)



• **TF-23-2463**
(WRIST WRAPS)



• **TF-23-2465**
(CONES)



• **TF-23-2466**
(CONES)



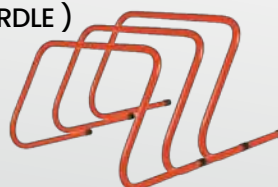
• **TF-23-2469**
(KNEE WRAPS)



TF-23-2467
AGILITY
LADDER



• **TF-23-2464**
(AGILITY HURDLE)



• **TF-23-2468**
(STRENGTH BANDS)





TF-23-2437

• **OUTER MATERIAL**
1000D Nylon Cordura
(Military Specs)



TF-23-2438

• **OUTER MATERIAL**
600D Nylon Cordura



TF-23-2439

• **OUTER MATERIAL**
600D Nylon
Cordura



TF-23-2440

• **OUTER MATERIAL**
600D Nylon Cordura



TF-23-2441

• **OUTER MATERIAL**
100% Polyester
Cordura



TF-23-2442

• **OUTER MATERIAL**
100% Polyester
Cordura

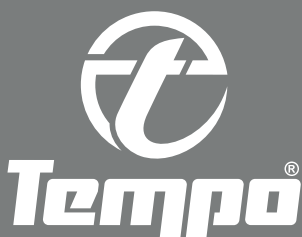




COMPANY HISTORY

Starting of a local soccer ball manufacturing unit by two brothers in **1982** become the foundation of tempo. with the passage of time, learning turned into knowledge and experience in **1990** tempo started making soccer balls for foreign clients directly, this was a turning point which led tempo to where it is now. innovation and diversification being at the core of tempo's culture, a strong need was felt in **1996** for a research & development laboratory with the latest equipment for assuring continuous innovation and better quality. in **2001**, a major addition was made in tempo's portfolio and it's

management tempo's strategic team analyzed a great room for sportswear in the market and that's when a specialized manufacturing unit for sportswear with the latest machinery and tools was set up by tempo, the third brother currently CEO of the company also joined tempo. Later on, In **2012**, second generation of family entered into business and a good market potential for fitness and boxing equipments was accessed. Tempo proudly launched it's own fitness until with the necessary equipment, Today tempo is supplying numerous fitness items to different countries and brands around the globe, today tempo serves some of the leading brands and soccer balls, sportswear and fitness items, with growing demand and specialization, a need for capable and technical staff was felt. tempo is pleased to say that it's family has grown to become a large as **250** in house employees and almost **1500** stitchers to work for tempo in tempo's designated stitching centers. The vision of tempo's founders and the cultures inherited is to sustainably grow the business operations by critically analyzing market gaps and fulfill these gaps. customer service is adopted as the basic norm and satisfying the customer needs the prioritize. To prioritize the customers and provide them with the best possible service tempo has divided it's operations in 3 sub-units i.e. Tempo sports for soccer balls & sportswear www.temposports.com tempo fitpro for fitness and boxing equipments www.tempofit-pro.com tempo aims to achieve **100** percent customer satisfaction and strongly believes in a "no-compromise in quality" policy. Throughout this journey tempo was keen to comply with all the necessary certifications to further endorse its expertise and has been privileged to be certified for



ADDRESS:
Paris Road -51310
Sialkot Pakistan

EMAIL:
info@temposports.com

TEL:
+92 52 4268901-02-03

www.temposports.com
info@temposports.com

