

FITNESS

RANGE 2025 - 26



SCAN PDF

EXERCISE BALLS



OUTER MATERIAL:
AR (Abrasion Resistance)
INNER FILLERS:
Foam, Cork & Rubber Crush
AVAILABLE SIZE / WEIGHTS:
Size: 8" / 10" / 14"
Weights: 2kg to 22kg



OUTER MATERIAL:
100%PU Leather Look Grippy
INNER FILLERS:
Foam, Cork & Rubber Crush
AVAILABLE SIZE / WEIGHTS:
Size: 8" / 10" / 14"
Weights: 2kg to 22kg



OUTER MATERIAL:
100%PU Cloudy Grippy
INNER FILLERS:
Foam, Cork & Rubber Crush
AVAILABLE SIZE / WEIGHTS:
Size: 8" / 10" / 14"
Weights: 2kg to 22kg



OUTER MATERIAL:
100%PU Honeycomb Grippy
INNER FILLERS:
Foam, Cork & Rubber Crush
AVAILABLE SIZE / WEIGHTS:
Size: 8" / 10" / 14"
Weights: 2kg to 22kg



OUTER MATERIAL:
PVC Phthalate Free Grippy
INNER FILLERS:
Foam, Cork & Rubber Crush
AVAILABLE SIZE / WEIGHTS:
Size: 8" / 10" / 14"
Weights: 2kg to 22kg



OUTER MATERIAL:
Genuine Leather
INNER FILLERS:
Foam, Cork & Rubber Crush
AVAILABLE SIZE / WEIGHTS:
Size: 7" to 12"
Weights: 2kg to 10kg



OUTER MATERIAL:
Heavy Duty Vinyl
INNER FILLERS:
Synthetic Wool, Foam & Cork
AVAILABLE SIZE / WEIGHTS:
Size: 14"
Weights: 2kg to 10kg



OUTER MATERIAL:
100%PU Diamond Grippy
INNER FILLERS:
Foam, Cork & Rubber Crush
AVAILABLE SIZE / WEIGHTS:
Size: 8" / 10" / 14"
Weights: 2kg to 22kg



OUTER MATERIAL:
1000D Nylon Cordura (Military Specs)
AVAILABLE SIZE / WEIGHTS:
Weights: 5kg to 10kg

SAND BAGS

1000D Military Spec Cordura. 100% Nylon Construction with Water Repellent Procedure

8 Handles on the fitness bag that let you hold, push or pull the bag in any direction



Reinforced Box Stitching.



Nylon Seat Belt Webbing Straps



YKK Heavy Duty Zipper

TF-25-410



OUTER MATERIAL:
AR (Abrasion Resistance)

INNER FILLERS:
Rebound Foam, Polyester Bag with Sand
AVAILABLE SIZE / WEIGHTS:
Weights: 5kg to 30kg

TF-25-411



OUTER MATERIAL:
100% PU Camouflage
INNER FILLERS:
Rebound Foam, Polyester Bag with Sand
AVAILABLE SIZE / WEIGHTS:
Weights: 5kg to 30kg

TF-25-412



OUTER MATERIAL:
100% PU Matt

AVAILABLE SIZE / WEIGHTS:
Weights: 5kg to 30kg

TF-25-413



OUTER MATERIAL:
1000D Nylon Cordura (Military Specs)

AVAILABLE SIZE / WEIGHTS:
Weights: 5kg to 30kg

TF-25-414



OUTER MATERIAL:
Heavy-Duty Vinyl

AVAILABLE SIZE / WEIGHTS:
Weights: 5kg to 30kg

TF-25-415



OUTER MATERIAL:
1000D Nylon Cordura (Military Specs) with 4 Filler Bags

AVAILABLE SIZE / WEIGHTS:
Weights: 35kg to 110kg

TF-25-416



OUTER MATERIAL:
1000D Nylon Cordura (Military Specs)

AVAILABLE SIZE / WEIGHTS:
Weights: 25kg 4 Filler Bags
Each Bag has 6.25kg

TF-25-417



OUTER MATERIAL:
1000D Nylon Cordura (Military Specs)

AVAILABLE SIZE / WEIGHTS:
Weights: 35kg to 130kg



STACKABLE PLYO BOX

TF-25-418

OUTER MATERIAL:
PVC Vinyl

PLATFORM AREA:
36in - 91cm (L)
30in - 76cm (W)

INNER MOLD:
Hybrid Foam
AVAILABLE HEIGHTS:
06in | 15cm / 12in | 30cm / 18in | 45cm
24in | 60cm

TF-25-419



OUTER MATERIAL:
PVC Vinyl
(without Anti-Slip)
INNER MOLD:
Hybrid Foam

TF-25-420



OUTER MATERIAL:
100% PU Cloudy
(Anti-Slip)
INNER MOLD:
Wooden Core Laminated
with Rebound Foam

TF-25-421



OUTER MATERIAL:
Vinyl Honeycomb
(Anti-Slip)
INNER MOLD:
Rebound Foam
(Heavy Weight)

TF-25-422



OUTER MATERIAL:
DX Matt
INNER MOLD:
Rebound Foam

TF-25-423



OUTER MATERIAL:
PVC Vinyl
INNER MOLD:
Rebound Foam

TF-25-424



OUTER MATERIAL:
100% Polyester With
Heat Shrink Handles

TF-25-425



OUTER MATERIAL:
1000D Nylon Cordura
(Military Specs) With PU
Honeycomb Handles

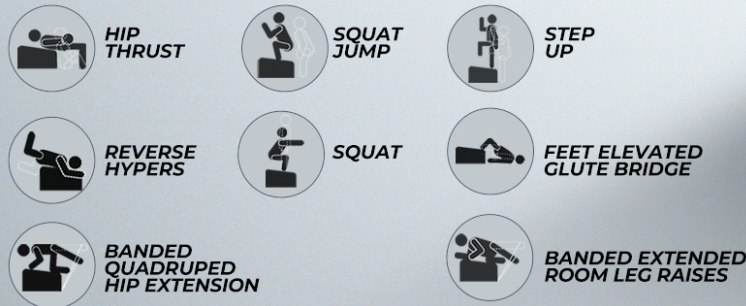
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OUTER MATERIAL:
Natural High-Quality jute
Diameter 38 mm
Training Rope Length 3/4.5/6/9 m

TF-25-427

HIP THRUST



Vinyl Material

Top Bottom Anti Slip



TF-25-428



OUTER MATERIAL:
PVC Vinyl (without Anti-Slip)
INNER MOLD:
Hybrid Foam

TF-25-429



OUTER MATERIAL:
DX Leather Look
Length 396 mm
Total diameter 180 mm
Padding thickness 70mm
Weight : 1,4 kg
Maximum load 300Kg

TF-25-430

OUTER MATERIAL:
100% CloudyGrippy
Inner Foam Comfortable
push up for the user and
greater stability
measures 45 x 22,5 x 4,5 cm



TF-25-431



OUTER MATERIAL:
100% PU Camouflage
INNER FILLERS:
Polyester Bag & Sand
AVAILABLE SIZE / WEIGHTS:
Weights: 3kg to 18kg

TF-25-432



OUTER MATERIAL:
PVC Vinyl
INNER FILLERS:
Polyester Bag & Sand
AVAILABLE SIZE / WEIGHTS:
Weights: 3kg to 18kg

TF-25-433

PREACHER PAD



OUTER MATERIAL:
100%PU Cloudy Grippy
INNER MOLD:
Hybrid Foam

TF-25-434



OUTER MATERIAL:
Textured Neoprene with
Foam Handles Filing with Sand
AVAILABLE WEIGHT:
2kg to 15kg

TF-25-435



OUTER MATERIAL:
600D Nylon Cordura with PU
Honeycomb Handles Filing
with Sand
AVAILABLE WEIGHT:
2kg to 10kg

TF-25-436



OUTER MATERIAL:
Textured Neoprene Filing with
Sand
AVAILABLE WEIGHT:
2kg to 15kg

WEIGHTED VEST

EASY ON & EASY OF DESIGN

PADDED SHOULDERS FOR COMFORT

ADJUSTABLE WEIGHT PLATES

1000D CORDURA

DUAL CROSS-STRAP CLOSURE FOR VERSATILE FIT



Available in 9KG(20LBS), 18KG (40LBS)



TF-25-437



OUTER MATERIAL:
1000D Nylon Cordura (Military Specs)
INNER MATERIAL:
PU Coated Metal Bricks
AVAILABLE WEIGHT:
9kg & 18kg

TF-25-438



OUTER MATERIAL:
1000D Nylon Cordura (Military Specs)

TF-25-439



OUTER MATERIAL:
Textured Neoprene
INNER MATERIAL:
Steel Tablets & Sand
AVAILABLE WEIGHT:
5kg, 10kg & 15kg

TF-25-440



OUTER MATERIAL:
680D PVC Coated Cordura
INNER FILLERS:
Filling with Iron & Sand
Adjustable Weights
16 Weight Pockets
Each Pocket 1.25kg

TF-25-441



OUTER MATERIAL:
600D Polyester Cordura Filling with Iron

TF-25-442



OUTER MATERIAL:
1000D Nylon Cordura (Military Specs)
INNER MATERIAL:
Steel Tablets & Sand
AVAILABLE WEIGHT:
5kg & 10kg

TF-25-443



OUTER MATERIAL:
1000D Nylon Cordura (Military Specs)

TF-25-444

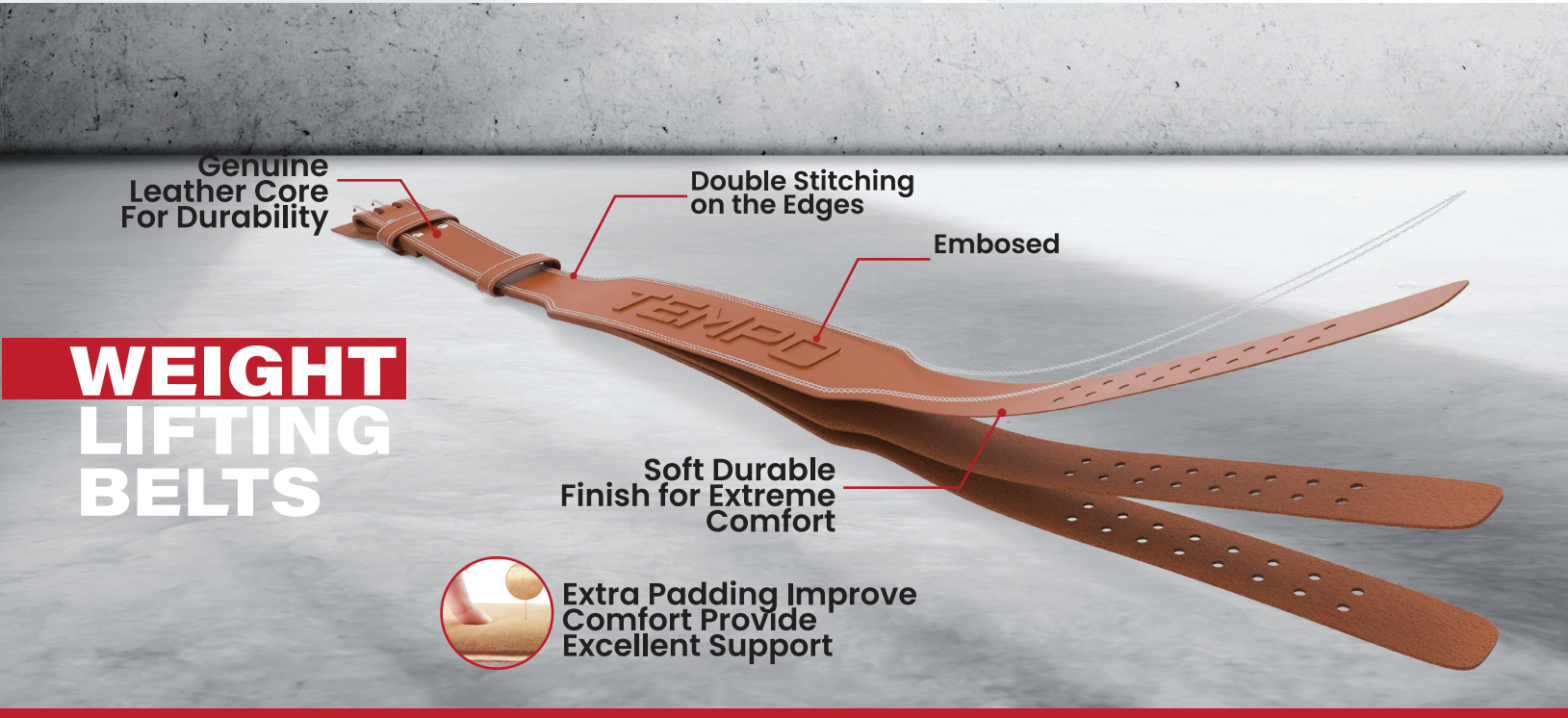


OUTER MATERIAL:
600D Nylon Cordura

TF-25-445



OUTER MATERIAL:
600D Nylon Cordura with Heavy-Duty Webbing and foam padding



TF-25-446



OUTER MATERIAL:
100% PU Matt Finish with Metal Buckle
AVAILABLE SIZE:
Small, Medium, Large, X-Large

TF-25-447



OUTER MATERIAL:
100% PU Camouflage with Metal Buckle
AVAILABLE SIZE:
Small, Medium, Large, X-Large

TF-25-448



OUTER MATERIAL:
Natural Leather with Metal Buckle
AVAILABLE SIZE:
Small, Medium, Large, X-Large

TF-25-449



OUTER MATERIAL:
100% PU Leather Look with Metal Buckle
AVAILABLE SIZE:
Small, Medium, Large, X-Large

TF-25-450



OUTER MATERIAL:
Natural Leather with Metal Buckle
AVAILABLE SIZE:
Small, Medium, Large, X-Large

TF-25-451



OUTER MATERIAL:
Neoprene with Webbing Strap
AVAILABLE SIZE:
Small, Medium, Large, X-Large

TF-25-452



OUTER MATERIAL:
Neoprene with Metal Chain
AVAILABLE SIZE:
Standard

TF-25-453



OUTER MATERIAL:
Natural Leather with Steel Chain
AVAILABLE SIZE:
Standard

TF-25-454



OUTER MATERIAL:
100% Premium Nylon Quick Release Buckle
AVAILABLE SIZE:
Small, Medium, Large, X-Large

TF-25-455

Main Pocket for
Keeping your phone
and wallet

RUNING VEST

Fully
Adjustable
Straps



Neoprene
Foam
padding

Water Resistant
Cordura Nylon for extra
strength and durability

TF-25-456



OUTER MATERIAL:
Nylon Neoprene 2.5mm
AVAIABLE SIZE:
Standard

TF-25-457



OUTER MATERIAL:
Thermal
AVAIABLE SIZE:
Standard

TF-25-458



OUTER MATERIAL:
DX Leather Look
INNER MOLD:
Hybrid Foam

TF-25-459



OUTER MATERIAL:
600D Nylon Cordura
INNER:
Sand & Steel Tablets
AVAIABLE WEIGHT:
1kg & 6kg

TF-25-460



OUTER MATERIAL:
Textured Neoprene
INNER:
Sand & Steel Tablets
AVAIABLE WEIGHT:
1kg & 6kg

TF-25-461



OUTER MATERIAL:
Textured Neoprene
INNER:
Sand & Steel Tablets
AVAIABLE WEIGHT:
1kg & 6kg

TF-25-462



OUTER MATERIAL:
Naturel Rubber

TF-25-463



**CROSSFIT
GRIP 100% PU**

TF-25-464



HOOK SET
Nylon Webbing with Metal
Coated Hook

TF-25-466



OUTER MATERIAL:
600D Nylon Cordura
INNER MOLD:
PU Foam

TF-25-467



WRIST WRAPS:
High-Quality Nylon and Elastic
Materials

TF-25-468



RING STRAPS

GYMNASTIC RING STRAPS

TF-25-469



OUTER MATERIAL:
Textured Neoprene
SIZE:
Small, Medium, Large

TF-25-470



OUTER MATERIAL:
Cotton Webbing

TF-25-471



OUTER MATERIAL:
Steel Plates with Webbing Straps

TF-25-472



OUTER MATERIAL:
Steel Plates with Webbing Straps

TF-25-473



OUTER MATERIAL:
Steel Plates with Webbing Straps

TF-25-474

8 STRAPS



TF-25-475



OUTER MATERIAL:
Top 100% PU Cloudy Carpet
(for wooden surface)

TF-25-476



OUTER MATERIAL:
Top Natural Rubber Carpet
(for wooden surface)

TF-25-477



OUTER MATERIAL:
100% PU Honeycomb Plastic Plates
(For Carpet Surface)

TF-25-478



OUTER MATERIAL:
600D Nylon Cordura with Nylon Webbing

TF-25-479

WEIGHTLIFTING GLOVES



TF-25-480



TF-25-481



TF-25-482

ANKLE STRAP



TF-25-483

ANKLE STRAP



TF-25-484

STRENGTH BANDS



TF-25-485

CABLE HANDLES



TF-25-486

CABLE HANDLE



TF-25-487



TF-25-488



TF-25-489

**SOCCER
SQUARE
TRAINING
ARCS**

TF-25-490



TF-25-491



TF-25-492

SOCCER AGILITY POLES SET



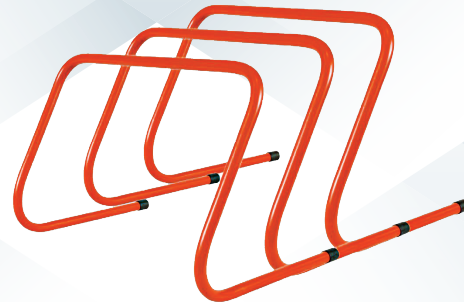
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TF-25-495



CUSTOM FOOTBALL FIELD MARKER PRACTICE CONES

CONES

AGILITY HURDLE

NOTES



COMPANY HISTORY

The parent company started soccer ball manufacturing in 1982 which became the foundation of Tempo. Innovation and diversification being at the core of Tempo's culture, a strong need was felt in 1996 for a research & development laboratory with the latest equipment for assuring continuous innovation and better quality. Moreover, in the same year a major addition was made in Tempo's product portfolio and Tempo's strategic team analyzed a great room for sportswear in the market. Therefore, a specialized manufacturing unit for sportswear with the latest machinery and tools was set up by Tempo. Later on, in 2012, a good market potential for fitness and boxing equipment was accessed. Tempo proudly launched its own Fitness unit with the necessary equipment. Today, Tempo is supplying numerous fitness items to different countries and brands around the globe and serves some of the leading brands of Soccer Balls, Sportswear and Fitness items. With growing demand and specialization, a need for capable and technical staff was felt. Tempo is pleased to say that its family has grown to become as large as 250 inhouse employees and almost 1500 stitchers to work for Tempo in Tempo's designated stitching centers. The vision of Tempo's founders and the culture inherited is to sustainably grow the business operations by critically analyzing market gaps and fulfilling these gaps. Customer service is adopted as the basic norm and satisfying the customer needs is the priority. Tempo aims to achieve 100 percent customer satisfaction and strongly believes in a "no-compromise in quality" policy. Throughout this journey Tempo was keen to comply with all the necessary certifications to further endorse its expertise and has been privileged to be certified for certifications.



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SCAN FOR
FACTORY VIEW

